1. Think about when you concentrate best. If you are less distracted in the evening after dinner, use that as your homework time. You don't have to do your homework after school unless that works for you.

assignments feels stressful, having a routine can help. Try these steps.

CREATE A

- 2. Find a favorite spot. Choose an area of your home where you can concentrate. The kitchen table is fine, especially if you focus better with others around. Or go to a quiet space, like a bedroom.
- 3. Take your time. Having a routine can help you avoid waiting until the last moment to complete homework. This will allow you to read through your assignments, carefully complete them, and feel good about it.





Make crispy monster treats

Ingredients

- 3 tablespoons butter
- 10 ounces marshmallows
- 6 cups Rice Krispies cereal
- Candy melts in assorted colors
- Candy eyes in assorted sizes
- Candy corn

Instructions

How to...

- 1. In a large saucepan, melt the butter over low heat. Add the marshmallows and stir until completely melted.

 Remove from heat.
- **2.** Add the cereal and stir until well coated. Set aside until cool enough to handle but still flexible.
- **3.** Using greased hands, form handfuls of the mixture into different blob and monster shapes. Set on a piece of parchment or wax paper. Let cool.
- 4. Melt the candy melts according to package directions. One at a time, hold a treat near the bottom and invert it into the bowl, turning it to coat. Use your fingers to smooth out the candy melt. Wipe off any excess.
- **5.** Return the treats to the paper and decorate as you wish with candy eyes and candy corn. Set aside monsters until the coating has hardened. This recipe makes about 15 treats.



ECO TIP DONATE TO YOUR LOCAL COAT DRIVE

If you have outgrown a coat from last winter, consider donating it. You may have a younger cousin or a family friend who would enjoy wearing it. If not, find out if your community is doing a coat drive. A coat drive is when people collect gently worn coats and jackets to give to others. When you donate old coats, not only are you helping others, but you're also ensuring that fewer items end up in landfills, which release harmful gases into the air. To prevent even more waste, ask neighbors and friends if they have coats to donate. You could offer to collect their coats for them. To learn more about coat drives, go to onewarmcoat.org.

